

Materials and Additions, Sewing Instructions, and Patterns

(Please read complete Document)

The original pattern and sewing instructions (found beginning on page 3) did not call for ties or nose pieces. Instructions for using ties instead of elastic and sewing in nosepieces are found below.

Materials and Additions

Masks should be made from 100% cotton--preshrunk. The mask is made of two layers. The layers can be made of the same fabric or different fabric.

It takes two pieces of fabric about 14.5x 7.5 inches.

There are three sizes of patterns: Large, Medium and Small. **Please use the Large size for this project.**

Ear Loop Material

Preferred:

1. 1/4/ or 1/2-inch bias tape (edges finished so they don't fray.)
2. Twill tape or grosgrain ribbon with ends finished
3. Shoelaces
4. Para cord available at recreation outlets (heat fuse the ends)
5. T-shirt fabric cut into 1-inch strips. When pulled tight, this forms a tie which can be sewn into the mask on one end with a knot tied on the other end.

*Ties should have a finished length of 18"

**Four ties are needed per mask.

*****For this application the ends of the mask are folded in and the ties are triple stitched in place.**



Elastic: (Instructions found below in Assembly Guide—Sewing Instructions)

1. 2 x 7" pieces sewn in place as per pattern instructions below.
2. Cloth covered ponytail holders.

Nose Piece

The addition of the nose piece prevents the mask from sliding up into the healthcare providers eyes. This piece should be 6" cut from the following with the ends turned back so that it doesn't poke through the fabric.

1. Pipe cleaner (by far the easiest to use)
2. 18 gauge wire
3. Florist wire

*After you have sewn the top seam or before you sew the sides together, insert and center the wire in the center of the mask. Pin it in place. Sew a channel down the left side of the wire, across the bottom, and up the right side.



Topstitching

Please topstitch around the mask for additional stability.



Sewing instructions and pattern below.

Assembly Guide

Sewing Instructions

Step 1—Cut out the two main mask pieces.

- Fold the fabric in half. On the folded edge of the fabric, place the pattern edge marked “place on fold” (see Figure 4).
- Pin the pattern on the fold of the fabric and cut it out.
- Repeat step 1 to cut the second piece.

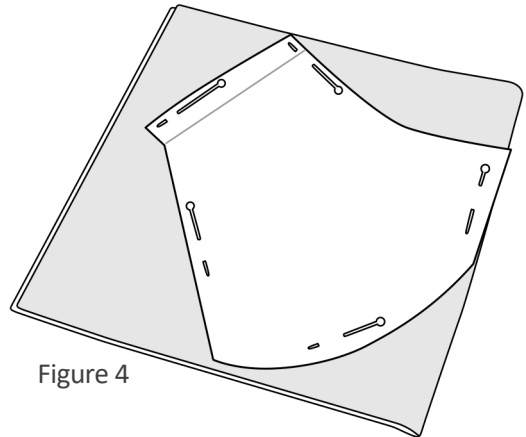


Figure 4

Step 2—Make the chin part of the mask.

- Open one of the cutout mask pieces. Fold it in half on the fold line, with the right sides inside.
- Sew along the chin seam, stitching 1/4 in (0.7 cm) from the edge (see Figure 5).
- If desired, press the seam to the side to help it lay flat.
- Fold and sew the second mask piece in the same way.

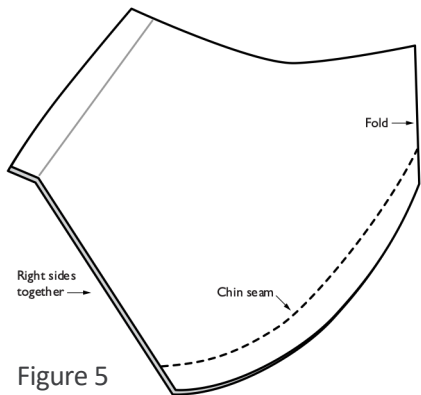


Figure 5

Step 3—Join the inner and outer layers together.

- Lay the two mask pieces on top of each other, with right sides of the fabric together (see Figure 6).
- Sew the two layers together across the top of the mask, using a 1/4 in (0.7 cm) seam.
- Sew the two layers together across the bottom of the mask.

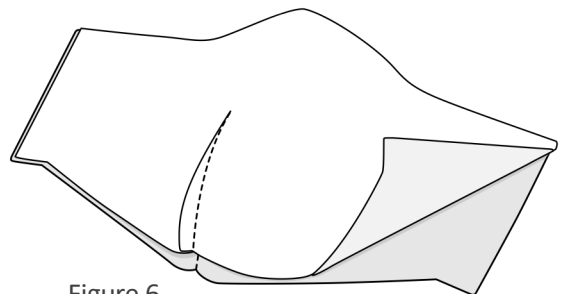


Figure 6

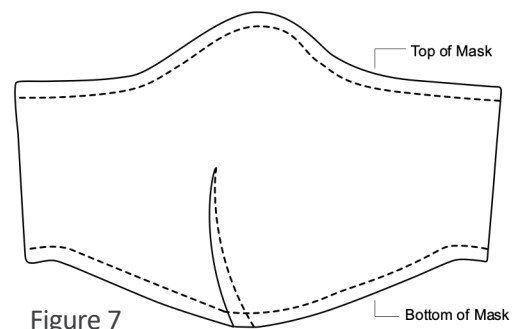


Figure 7

Step 4—Turn the mask right-side out.

- Press with an iron.

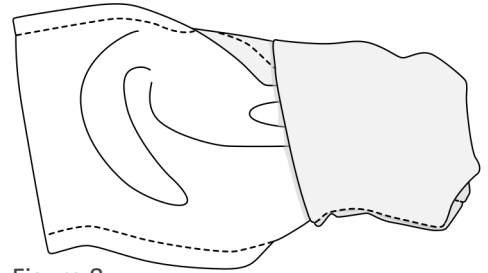


Figure 8

Step 5—Topstitch along the top and bottom edges.

- Keep your stitching close to the edges.
- Do not stitch across the sides of the mask.

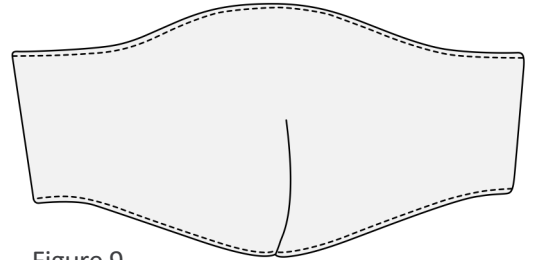


Figure 9

Step 6—Make the casing (a hollow channel) for the ear loop to go through.

On each side:

- Fold the raw side edges toward the inside of the mask about $\frac{1}{4}$ in (0.7 cm) (See Figure 10).
- Then fold over again, about $\frac{5}{8}$ in (1.5 cm).
- Pin in place and stitch as shown in Figure 11.

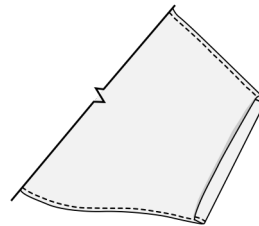


Figure 10

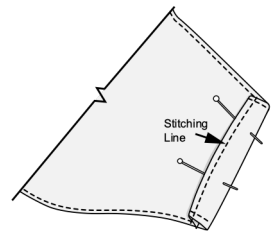


Figure 11

Step 7—Thread the ear loop through the casing along the sides of the mask.

- Use a large-eye plastic needle or attach the end of the elastic to a small safety pin. Push the elastic through the casing on both sides of the mask (see Figure 12).

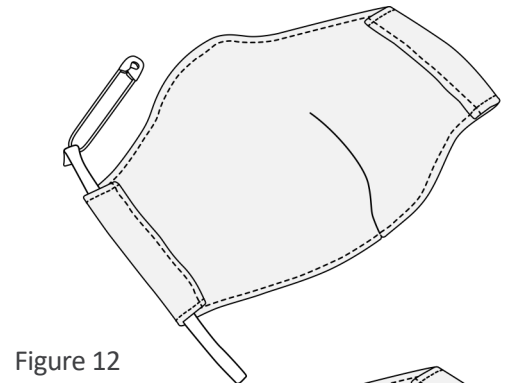


Figure 12

Step 8—Make loops the right size.

- Tie the loop ends loosely. The wearer can adjust the length by tying a knot (see Figure 13).

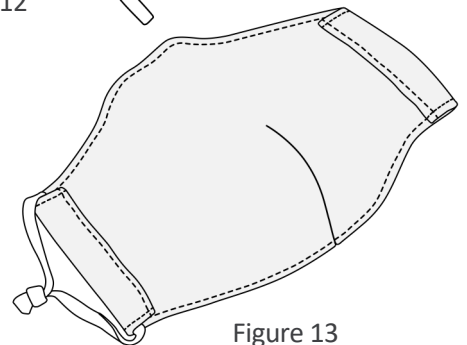
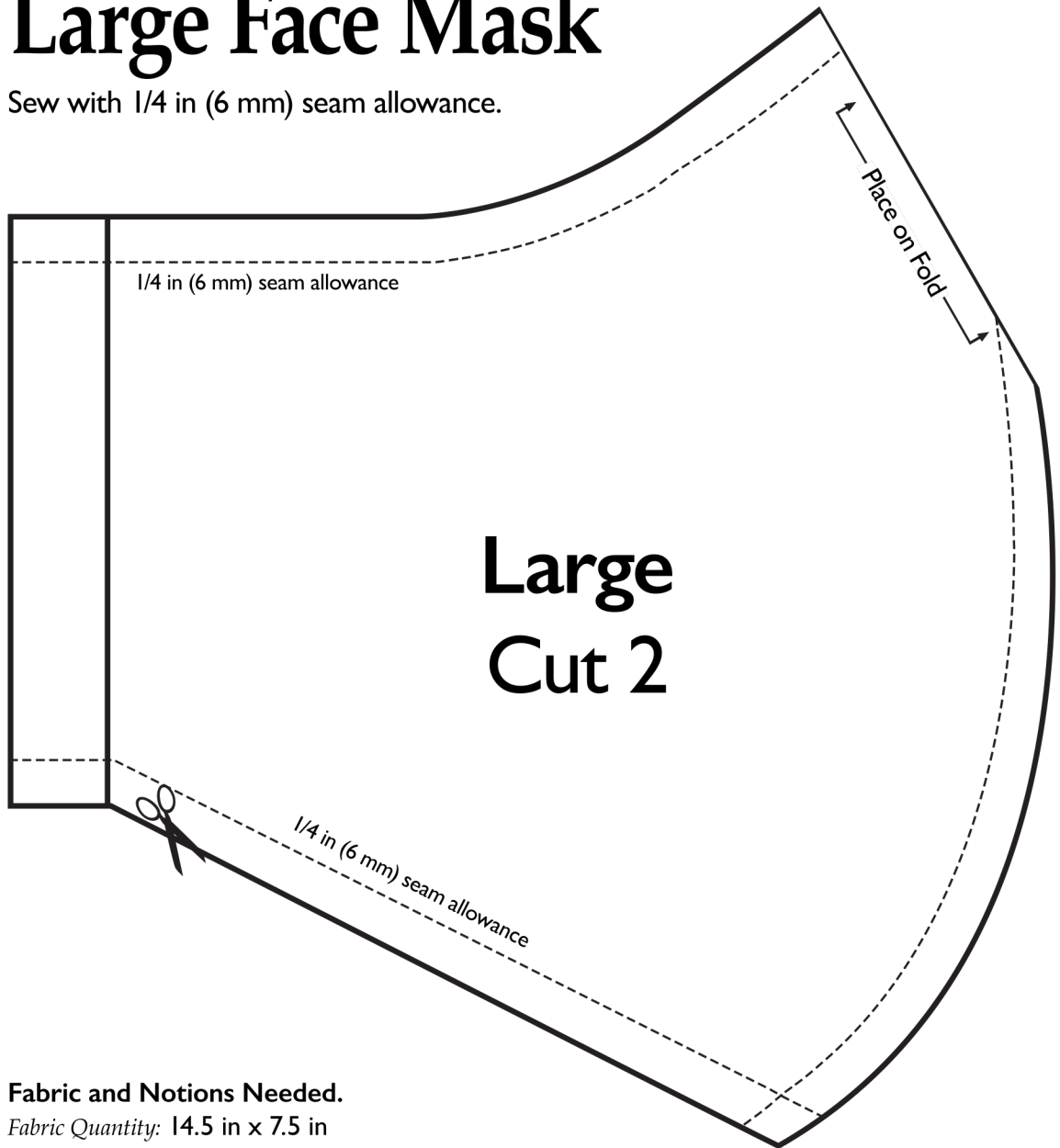


Figure 13

Large Face Mask

Sew with 1/4 in (6 mm) seam allowance.



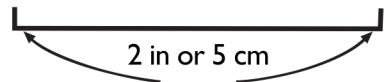
Fabric and Notions Needed.

Fabric Quantity: 14.5 in x 7.5 in
(36 cm x 18 cm).

The best fabric is cotton T-shirts, pillow cases, or other cotton material.

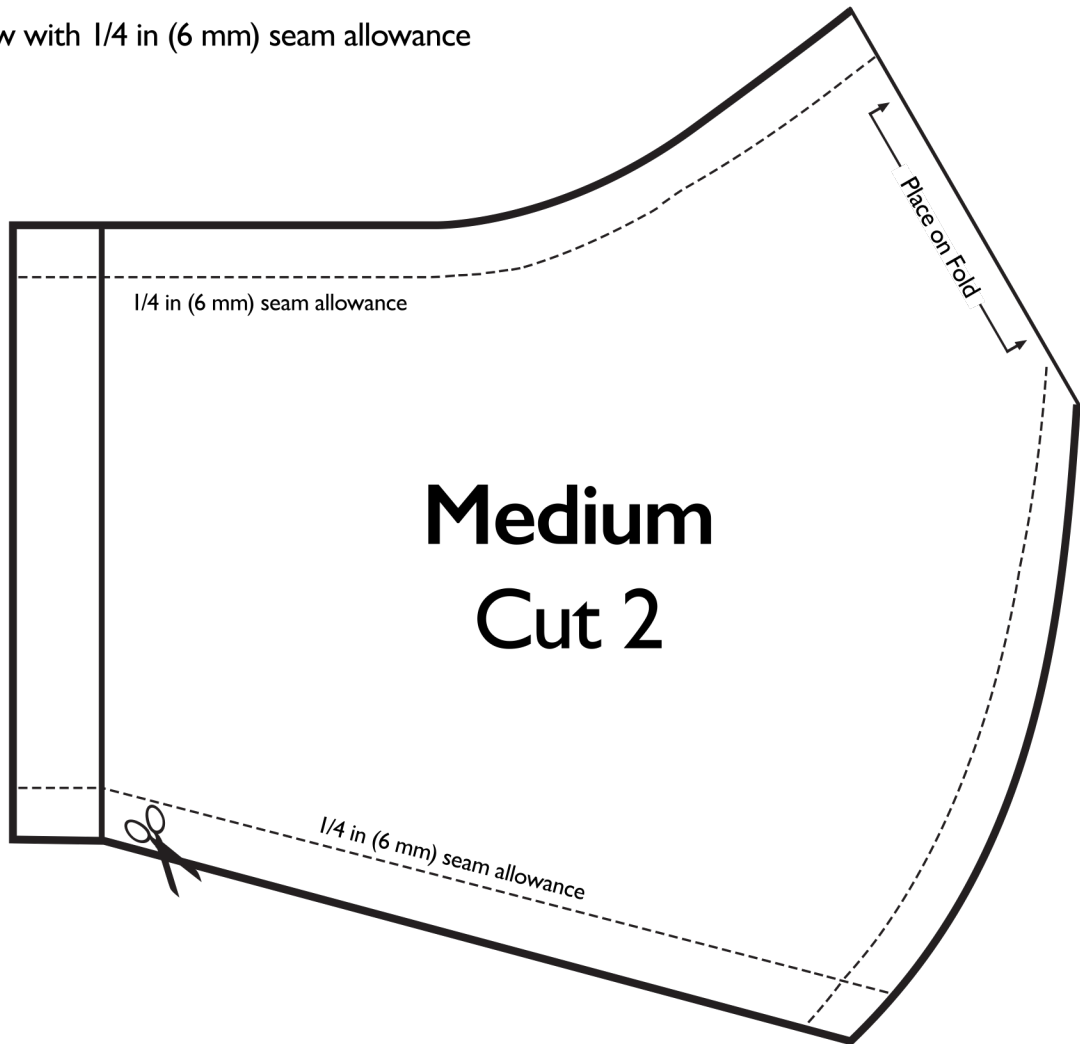
Notions: Elastic, elastic cord, string, or ribbon [Loop material must be less than 1/2 in (1.25 cm) wide.]

When printed, this line should be 2 in (5 cm). Enlarge or reduce as necessary to ensure your pattern is accurate.



Medium Face Mask

Sew with 1/4 in (6 mm) seam allowance



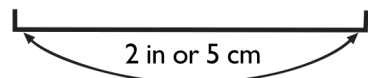
Fabric and Notions Needed.

Fabric Quantity: 14.5 in x 7.5 in
(36 cm x 18 cm).

The best fabric is cotton T-shirts, pillow cases, or other cotton material.

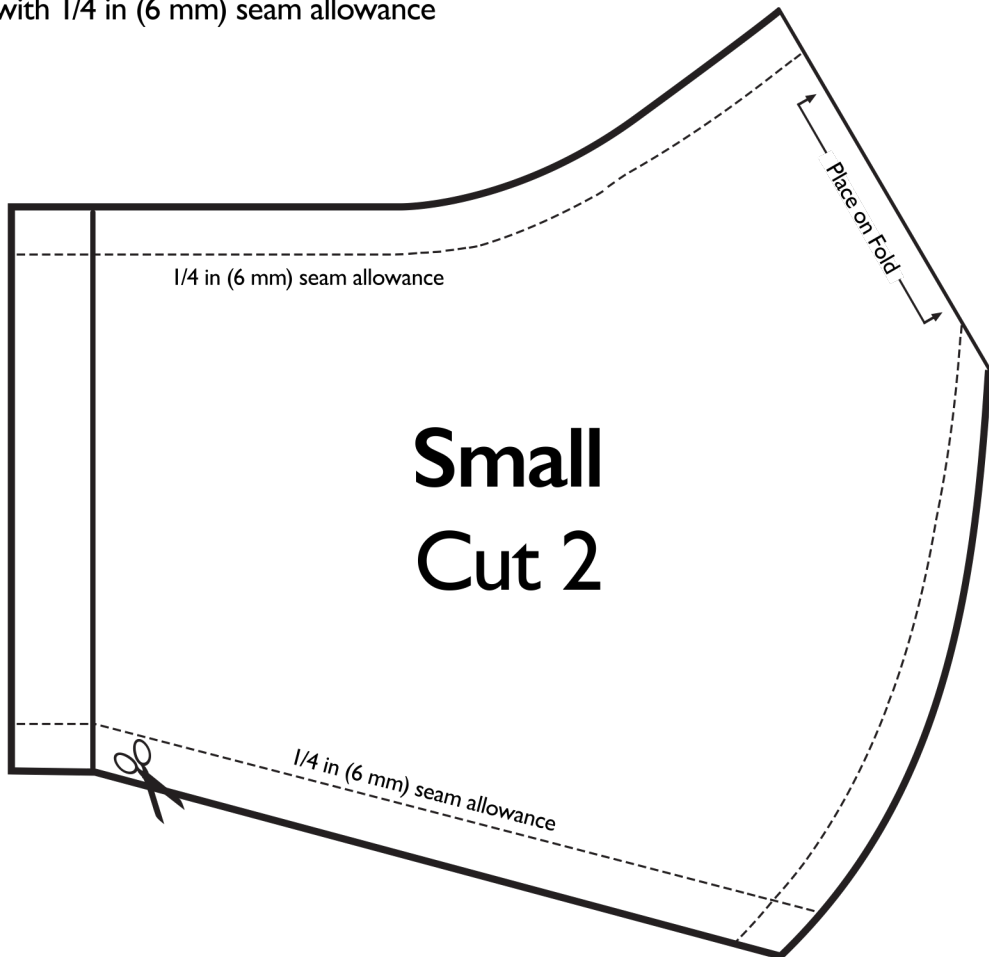
Notions: Elastic, elastic cord, string, or ribbon [Loop material must be less than 1/2 in (1.25 cm) wide.]

When printed, this line should be 2 in (5 cm). Enlarge or reduce as necessary to ensure your pattern is accurate.



Small Face Mask

Sew with 1/4 in (6 mm) seam allowance



Fabric and Notions Needed.

Fabric Quantity: 14.5 in x 7.5 in
(36 cm x 18 cm).

The best fabric is cotton T-shirts, pillow cases, or other cotton material.

Notions: Elastic, elastic cord, string, or ribbon [Loop material must be less than 1/2 in (1.25 cm) wide.]

When printed, this line should be 2 in (5 cm). Enlarge or reduce as necessary to ensure your pattern is accurate.

