

LightTheWorld.org

Holiday Food Boxes 2024

Reno Nevada Mount Rose Stake - The Church of Jesus Christ of Latter-day Saints

The **WASHOE COUNTY SCHOOL DISTRICT FAMILY RESOURCE CENTER** will give your donated food and gift cards to student families in need, to assist them during the holiday break. You may choose to fill food boxes, provide gift cards or both.

ONLY INCLUDE FOOD LISTED BELOW & PLEASE FOLLOW SIZE GUIDELINES!!!

**Items will fit in a standard small moving box (1.5 cu ft)
Bring boxes filled with food, but not sealed**

(Approximate Cost at Winco or Walmart is \$50-55)

A BIG THANK YOU TO SIERRA CONTROLS FOR DONATING THE BOXES THIS YEAR!

1 - Jar Peanut Butter (16-28oz)
1 - Box Cold Cereal (16-20oz or 10 servings)
1 - Box Instant Oatmeal Packets (8-10 count)
4 - Cans Fruit (15oz)
1 - Box Milk Substitute
(32oz shelf stable - almond, rice, oat, soy)
4 - Cans Vegetables (15oz)
4 - Cans Beans (15oz)

4 - Cans Meat (5-12.5oz)
4 - Cans **Condensed** Soup (10.5oz)
2 - Boxes Tuna or Chicken Helper (6.5-7.5oz)
1 - Bag White Rice (2 lbs)
2 - Bags of Pasta (1 lb)
2 - **Cans** Spaghetti Sauce (24oz)
4 - Single Mac & Cheese Cups (2.05oz)
4 - Single Cups of Noodles (2.25oz)

GIFT CARDS:

Gift cards help in providing perishable items such as fresh fruit, vegetables, eggs, milk, butter, & meat.

- Gift cards for \$10 are easiest to distribute - **WINCO, Walmart, Sak-N-Save, or Grocery Outlet**
- Please write, **"For Perishable Food Items Only"** on the card with a sharpie.
- **DO NOT** put gift cards inside the box. **Please keep gift cards separate!**

Collection Day:

**Saturday, December 7th
11am - 1pm**

North West Entrance by Primary Room
4751 Neil Rd. Reno, NV 89502

If you have questions contact: **Heather Perkins 775-217-1142** or **Sam Hudson 775-323-9339**