



INSPIRATION
HOME HEALTH & HOSPICE
— A STEP FORWARD COMPANY —

Volunteer Program

What is the Volunteer Program?

Our volunteers offer terminally ill patients and their families comfort, support, and companionship during a patient's most challenging days, weeks, and months. Volunteers are here not only for the patient, but also their caregivers.

Ways Patient and Family Can Benefit from Volunteers

- Listening to a patient's concerns
- Be a comforting and supportive presence
 - Hold a hand
 - Listen to cherished memories
 - Bake a cake
 - Pat a shoulder
 - Give a hug
 - Touch a heart
 - Change a life (maybe even your own)
- Engaging in a patient's hobbies (playing a board game, discussing current events, etc.)
- Informing other hospice staff of the needs of the hospice patient and family
- Running errands or doing light housekeeping for the patient and family
- Encouraging the patient to tell their life story and recording it digitally or on paper
- Allowing time for the caregiver to take care of themselves
- Become a specially trained **11th Hour Volunteer**, these volunteers spend time at the bedside of a patient while a patient is "actively dying," when the family cannot be there to ensure no one dies alone

Volunteer Requirements

- Application – volunteers will need to complete a short application, which includes providing two references.
- Background check – volunteers will undergo a background check.
- Training – There is on-line training that is required prior to visiting your first patient.
- Vaccination/Testing – TB testing is required. You will also need to either have the Hepatitis B vaccine or sign a declination.
- Secured messaging – All information concerning a patient should be relayed through our secure messaging system. (TigerConnect).

Volunteer Coordinator

If interested please email or call Teresa Reed, Volunteer Coordinator at teresareed@utasf.com, 801-281-1314.