

Build Your Team at Food Lifeline

Enjoy fun and easy employee engagement while feeding our hungry neighbors!



Food Lifeline needs 20,000 volunteers to sort and re-pack more than 40 million pounds of healthy, nutritious food that we rescue each year.

Corporate volunteer sessions are held for 2.5 hours, twice daily, Tuesday through Friday. We can accommodate groups of about 5 to 50.

Benefits

- **Team Building** - Break employees out of silos by creating cross-departmental teams of volunteers.
- **Help attract and retain employees** - Employees that engage in volunteering through their employers are 87% more likely to stay in their jobs.
- **Build Corporate Culture** - Reinforce your company's core values with an activity that makes a difference in your community.
- **Public Relations** - Volunteering at Food Lifeline helps you build brand equity while showing social responsibility.



What We Offer

- **Structured, Meaningful Activities** - Your team will complete a project during the session. Once done, we tell your team how many pounds were packed/sorted and the number of meals created.
- **Corporate Social Responsibility** - Your team will help feed 1 in 7 neighbors in Western Washington who don't have enough to eat.
- **Flexible Meeting Spaces** - Need a team meeting? Schedule an extra hour in one of our conference rooms and volunteer spaces. Want to feed your team? We can help with several food delivery options.

Current Volunteers



and many others!

Request a session for your team!
foodlifeline.org/teambuilding



A great opportunity for team-building and corporate social responsibility, while providing a much needed service to the community!

- We offer fun, active volunteer sessions for groups and individuals, Mondays – Saturdays.
- Our greatest need for volunteers is between Tuesday and Friday, during our morning (9:00AM – 11:30AM) and afternoon (1:30PM – 4:00PM) sessions.
- Our ideal group size is about 30 people, however, if your group size is larger let us know and we will work with you to find a session for your team.

Take a look at our weekly session schedule!

SORT & PACK SESSIONS						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
CLOSED	AGE 16+ ONLY	Morning Session 9:00AM - 11:30AM	Morning Session 9:00AM - 11:30AM	Morning Session 9:00AM - 11:30AM		Morning Session 9:00AM - 11:30AM
		Afternoon Session 1:30PM - 4:00PM	Afternoon Session 1:30PM - 4:00PM	Afternoon Session 1:30PM - 4:00PM	Afternoon Session 1:30PM - 4:00PM	Afternoon Session 1:30PM - 4:00PM
		Evening Session 6:00PM - 8:00PM	Evening Session 6:00PM - 8:00PM	Evening Session 6:00PM - 8:00PM		

*Must be at least 6 years of age to participate in Sort & Pack Sessions.
All youth under 18 must submit a Parent/Guardian Consent Form for each session

What we do:

We rescue millions of pounds of surplus food from farmers, manufacturers, grocery stores, and restaurants. We then deliver this healthy and nutritious food to over 275 food banks, shelters and meal programs across Western Washington.

Get involved:

Our volunteers sort and pack donated food items to be distributed to food banks and meal programs throughout Western Washington each day.

To learn more, please visit foodlifeline.org/volunteer

When you're ready to request a session, please visit foodlifeline.org/teambuilding