



WHY YOU SHOULD PROVIDE RESPITE?

Respite foster care is when one family temporarily cares for another family's foster children. This gives the children's original foster family a break so the parents can get away for some restorative time.



Boosts Your Health

Mental Health Benefits of Volunteering

- Reduces Stress.
- Combats Depression
- Prevents Feelings of Isolation
- Increases Confidence
- Gives a Sense of Purpose and Meaning
- Ignites Passion
- Makes You Happy

We need You!

In the 39th Circuit of Missouri; we can have as many foster children as 500 annually. With fewer than 100 foster families and even less respite and emergency providers. We need you! They need you! Respite care provides those that foster a break.



Respite Care

Using respite is important to reduce placement disruptions and to support safer and healthier homes.

Are you ready to start helping through providing respite?

Pick a 2021 Online Respite Date

6:30pm -8:30pm

March 4th or April 13th or June 1st or July 20th or Sept 2, October 19th

Contact: Shonnie Dansby; Recruiter Missouri Children's Division

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