



RONALD McDONALD HOUSE CHARITIES NORTHERN CALIFORNIA

Welcome Blankets Volunteer Description

Each new family that stays at the Sacramento Ronald McDonald House receives a Welcome Blanket. These blankets can be very comforting to the children receiving treatment and their siblings. Your support in helping to provide warmth and security with a Welcome Blanket is greatly appreciated!

Guidelines

- Blankets should be crafted from new and clean fabrics only.
- We welcome blankets of all patterns and colors.
- We accept donations to be delivered any day of the week between 9am and 8pm, with the exception of 12:30pm-1:30pm for lunch.
- The time taken to create one Welcome Blanket will be counted as two Volunteer Hours.
- Volunteers/Donors must fill out an online waiver and schedule a drop off time with Vanessa Martinez, Coordinator of Volunteer Services at vmartinez@rmhcnc.org

Supplies

- Cost Estimate: \$15-\$30 per blanket.
- Fabric can be purchased at your local fabric stores.
- To complete a Welcome Blanket you will need:
 - 2 yards each of 2 fleece fabrics
 - Scissors
 - Rulers

Directions

The following are directions for making a No-Sew Blanket. You can also check out YouTube and Pinterest for more details.

Step 1: Line up the fabric- make sure to trim off the selvage of both fleece pieces.

Step 2: Cut the corners and fringe- Cut 5 by 5 inch squares out of the four corners, measuring with a ruler. Then, cut 5 inch strips, 1 inch wide, along the four sides of the fleece. You can use a ruler to make sure the lines are straight.

Step 3: Tie the two pieces of opposite fringe together in a knot by looping it through and pushing upwards. Finish tying the fringe into knots on all four sides, and the blanket is complete!

Minors

Volunteers under 14 years old are allowed to be a Welcome Blankets volunteer.

Contact

Vanessa Martinez
Coordinator of Volunteer Services
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