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January-February 2023

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A Child's Future Begins at Home

How do you respond to hardship? Do you consider yourself to be resilient? Perhaps like Katy Perry you "Roar" in the face of adversity. Maybe you are more of an Elton John fan and can exhaustedly relate to the lyrics of "I'm Still Standing."

Resilience is defined as: *The capacity to withstand or to recover quickly from difficulties; toughness*. It is the ability to withstand adversity and bounce back from difficult life events. Resilience is what gives people the emotional strength to cope with trauma, adversity, and hardship.

Our largest guest family is a true picture of resilience. Their youngest of five, was born last summer with a multitude of health concerns. He has spent more of his young life in the hospital than at home with his parents and siblings. Emergency Room visits, surgeries, oxygen and feeding tubes have colored his days.

Regular trips to Fairfax during hospital stays and surgical procedures, monitoring oxygen levels, and caring for a feeding tube at home have become everyday life for his parents. Adapting to the changes necessary for his wellbeing are labors of love. Attempting to maintain a routine for the other children, his father goes to work, and mom cares for him at home, while his four siblings attend school.

Led by the smallest among them, the family has demonstrated true resilience. During hospital stays the nurses commented on how amazing it was to see his happiness despite the many challenges he faced. Daily travel to Fairfax is costly. There were times the family could only talk to him via Facetime. When he heard his mother's voice he got so excited they often had to make the call short so as to not over stimulate him. He could feel her love long distance. Being resilient does not mean a person doesn't experience stress, emotional upheaval, and suffering. For this family their love and faith guided resilience, and in turn provided them the strength to work through this time of adversity for their family.

Philippians 4:13 - I can do all things through Him who strengthens me.





What you do makes a difference, and you have to decide what kind of difference you want to make.

Thank you for making a difference in so many lives through your generosity to Family Promise of Shenandoah County.



Many Thanks to our Scattered Sites Landlords!

Fraziers R. Wenzel (2) St. John Bosco Catholic Church (2) Mt. Zion Lutheran Church - New Market Zion Lutheran Church - Hamburg (2) Edinburg Christian Church

L. Gingerich P. Smoot (2) ERA Beasley Realty



FAMILY PROMISE OF SHENANDOAH COUNTY



7th ANNUAL STEAK DINNER Saturday, March 18, 2023 4.00 - 7.00 PM

BRINGING FAMILIES HOME.... KEEPING FAMILIES TOGETHER

SPONSORSHIP OPPORTUNITIES

FILET MIGNON - \$1000 PORTERHOUSE - \$500 RIBEYE - \$250 NEW YORK STRIP -\$100 SIRLOIN - \$50

MISSION

To Help Families Experiencing Homelessness and Low-Income Families Achieve Substainable Independence Through A Community Based Response.



Partner Churches





All Souls Anglican Church Antioch Church **Beckford Parish** Cedar Creek Christian Church Christ Church UCC Columbia Furnace Church Columbia Furnace UMC **Community Mission COB** First Baptist Church of Woodstock First Church of Columbia Furnace Grace UCC Lebanon Lutheran Church Maurertown Brethren Church Mt. Calvary UCC Mt. Hermon UCC Our Lady of the Shenandoah Catholic Church Patmos Lutheran Church **Reasoning Tree Church** Round Hill COB Saumsville Christian Church Shenandoah Community Fellowship St. Andrews Episcopal Church

St. Jacobs Lutheran Church St. John Bosco Catholic Church St. Johns UCC – Hamburg St. Luke Brethren Church St. Luke's UCC (County Line) St. Mark's Lutheran Church St. Matthew Lutheran Church Strasburg Presbyterian Church Strasburg UMC Toms Brook UMC **Trinity UCC** Valley Central Church Valley Gospel Church Valley Pike COB Virginia Hills Church of Woodstock Wakemans Grove COB Walkers Chapel Church Waterbrook Brethren Church Wesley Chapel UMC Woodstock Christian Church Woodstock UMC Zion Christian Church Zion Lutheran Church





ONLINE AUCTION RETURNING BY POPULAR DEMAND DATE TO BE DETERMINED

Requesting donations of quality items: Vacation packages, experiences, meals, new and like-new goods, hand-crafted items, and services. Email

dianepence@shenandoahfamilypromise.org or call 540-459-4599 if you have items to donate.

AS ALWAYS, THANK YOU FOR YOUR SUPPORT!