

**BILLINGS FAMILY YMCA** 

# WEEKEND FOOD PROGRAM

## **NOURISHING OUR YOUTH**

The Billings Family YMCA is providing free grab and go meals to children and teens in our community. This program is made possible by the Summer Food Service Program, Montana No Kid Hungry and Albertsons Nourishing Neighbors programs. Nutritious meals will be distributed at the Billings Family YMCA every Saturday.

## FREE YOUTH GRAB & GO MEAL DETAILS



Available to children ages 18 and under

Free nutritious ready to eat meals. Including a 5 component dinner (fruit, grain, vegetable, protein, milk) & 3 component breakfast (fruit, grain, milk)

Saturdays from 9:00 am - 12:00 pm \*while meals last\*

Billings Family YMCA- Front and back entrances 402 North 32nd Street, Billings, MT

If you have any questions or would like to volunteer for this program, please contact:

Melissa Graves Volunteer Coordinator 406.294.1623 | mgraves@billingsymca.org

#### Shannon George

Youth Development Director 406.294.1619 | sgeorge@billingsymca.org

### WWW.BILLINGSYMCA.ORG/FOODPROGRAM

The USDA is an equal opportunity provider.









FREE