

DISTRICT STAFF & VOLUNTEERS SOCIAL HYGIENE INSTRUCTIONS

MOST IMPORTANTLY, PREVENTION:

- Please stay home if you are at higher risk for severe symptoms of COVID-19: over age 65 OR have an underlying health condition.
- Please stay home if you are ill (fever, cough, sneezing, sore throat, new rash).

AT A SCHOOL SITE:

- Wear your school badge.
- Wear your face covering. No face covering today? The District will provide one for you!
- Introduce yourself to the person in charge.
- Register that you are present.

HAND WASHING AND SOCIAL DISTANCE GUIDELINES:

- Remember to wash your hands before and after donning face covering/mask.
- Always wash hands before putting on gloves.
- Food Service Workers always wear gloves! (after washing hands)
- On Assembly-Line or any distribution line: Keep your face 6 feet apart from others' faces.
- Extend arms to deliver any item to another person or to a person in a car.
- Remind families to stay 6 feet from other families.
- Keep family units together. Drifting apart makes 6 foot distance between family units difficult.

BEFORE YOU LEAVE:

- Keep your face covering/mask on until you get home.
- Remove your gloves and dispose of them in trash bin.
- Re-wash your hands.
- Once home and you remove your face covering/mask, store or wash as described above and wash your hands.

AT HOME AS YOU PREPARE TO WORK / VOLUNTEER:

- Collect your ID Badge and prepare to wear.
- When possible, bring a face covering/mask. A cloth face covering/mask should cover the nose and mouth, and be secured to the head - "Do it yourself" (D.I.Y.): Make from: T-shirts, bathing suits, towels, bandanas, or pillow cases. - D.I.Y. face coverings/masks from clothing can be more easily cleaned, compared to surgical masks and helps reserve surgical masks for health care providers! If you don't have one/can't provide one the district will provide one.

TIPS FOR WEARING, REMOVING AND CARING FOR FACE COVERING/MASK:

- Avoid touching your face covering/mask. Avoid readjusting.
- If you touch or readjust, wash your hands/ change your gloves.
- Don't plan on wearing your face covering/mask home? Bring along a paper bag with your name on it. Paper bags are best. (They allow your mask to dry out, plastic bags do not)
- Never share a face covering/mask with someone else.
- Launder and dry your D.I.Y. fabric/cloth face covering/mask at least after one day of use before using again.
- If you have a surgical mask that cannot be laundered, place in paper bag with your name on it. Can re-use it.
- If paper face covering/mask should become soiled or torn, please discard.

