

Hygiene Kit types and Items needed

Overnight Hygiene Kits:

All items need to fit in a Quart size Ziplock bag.

Travel & hotel size items work perfectly.

- wash cloth
- small shampoo & conditioner
- body wash
- bar soap
- hand Lotion
- comb
- toothbrush
- toothpaste
- kleenex packet



Hygiene Kits:

All items need to fit in a Gallon size plastic Ziplock bag.

- Two in one Shampoo/Conditioner 12-15 oz
- Towel 15"x25"
- Comb No rat tail
- Facial tissue Travel size
- Toothbrush Individually wrapped
- Toothpaste at least 6 oz
- Hand Soap Bar Size (not Travel)



Extended Use Kits:

All items need to fit in a Gallon size plastic Ziplock bag.

- **Toiletries:** deodorant, toothbrush, razor, soap,
 - shampoo, shaving cream.
- **Cold weather essentials:** Hand warmers,
 - socks, scarves, gloves, Chapstick
- **Food/drinks:** Bottled water, Gatorade, granola bars,
 - trail mix, tuna/cracker packs, beef jerky, other non-perishables
- **Other personal care items:** Sunscreen, lotion, first-aid need
 - feminine hygiene products, washcloths, kleenex, Band-Aids
- **Gift Cards:** small denomination for coffee & food

