### Who Can Be a Mentor?

Anyone 21 years and over

Someone with a desire to work with atrisk youth ages 10-17

Someone with compassion to see the juvenile as a person and who will not pass judgment

Someone with good communication skills

A person that can commit to at least 4 hours per month for a period of up to 1 year

Must be able to pass a background check

.....Someone who wants to be a positive role model and HAVE FUN!





Sign up to be a Mentor today!

Contact Information:
Pinal County Juvenile Court
Mentoring Program
P.O. Box 1009
Florence, Arizona 85132

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# Youth Mentoring Program



# What is the Mentoring Program?

The Mentoring Program, in conjunction with the TALK program brings Pinal County volunteers together with youth that are currently detained. Visits can include general conversation, goal setting, tutoring or game playing.

Many young people, for a variety of reasons, do not have visitors during their stay at the Youth Justice Center. This often leads to personal issues such as anger, depression, frustration, or school disruption.

The Mentoring program is an extension of the TALK program. Once the youth is released from the Youth Justice Center, the mentor and youth will meet in the community instead of at the Youth Justice Center.

The mentor will help the youth make better decisions about their actions and be someone the youth can continue to look up to.

## What Does a Mentor Do?

Mentors can plan an activity that both are interested in or just meet up and talk.

Mentors are not there to be a counselor or their lawyer. Mentors are there to be a youth's friend, someone to talk to, and someone they can trust.

### Some ideas for activities could be:

- \* Hiking
- \* Swimming
- \* Miniature Golf
- Movie
- \* Museum
- \* Library
- \* Community Events
- \* Zoo
- Volunteer at a local food bank
- \* Just hang out and talk
- \* Tutoring
- \* Board games/puzzles/cards



# Why Should I Mentor?

- Creates positive youth skill building to help prevent or reduce juvenile delinquency and serious juvenile violence
- Enhances academic motivation and achievement
- Improves school attendance, as well as attitudes towards school and the future
- Increases high school graduation rates
- ♦ Reduces the likelihood of drug use
- Strengthens and improves communication skills, interpersonal skills, and peer relationships
- Enhances self-esteem and selfconfidence
- You will experience fulfillment of watching a youth grow, develop skills, and gain confidence
- ♦ You can just be yourself
- ♦ A team is here to support you
- Network with other volunteers
- Be a change agent in your community