

# Special Olympics Washington



**URGENT NEED!**  
**GROUP & INDIVIDUAL VOLUNTEERS!!**

**April  
26**

**Chief Sealth  
International High School,  
West Seattle**



## NW Region Athletics (Track & Field) Competition

Over 200 volunteers are still needed to support this track & field meet, featuring 400 Special Olympics athletes from the NW region of the state. This is a qualifying event for State Spring Games in June in Tacoma.

Volunteers are needed beginning at 6:15am for Set-up through approximately 5:00pm. Competition and Support roles generally begin at 7:15am. All Day and Half Day shifts are available.

Have a group/team of 10+ people? Contact Susan at [volunteer@sowa.org](mailto:volunteer@sowa.org) for assistance.



- ▶ No sports experience required.
- ▶ Minimum age to volunteer is 11. An adult must volunteer alongside youth ages 11-13; teens 14-17 may volunteer in select roles
- ▶ Registration is a 2-step process: Create a profile, then register to fill an open shift.
- ▶ Individuals ages 14+ encouraged to register on your own using the link below.
- ▶ Adults volunteering with Youth, ages 11-13, or adults that would like to volunteer as a **Small Group**: Please have one adult create a profile in the portal link below and then email [volunteer@sowa.org](mailto:volunteer@sowa.org) with the names of the others in your group, as well as the preferred day/role/shift. Thanks!

### TO REGISTER:

**Step 1:** Create an account at <https://portals.specialolympics.org>

**Step 2:** Go to your volunteer profile, click on "Sort by Date" and find the event/date/role and complete the registration process.

### IF YOU HAVE TROUBLE REGISTERING:

**Step 1:** Visit <https://specialolympicswashington.org/event-volunteers/> for helpful hints and instructions

**Step 2:** Email [volunteer@sowa.org](mailto:volunteer@sowa.org) for assistance



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## CONTACT

Please email [volunteer@sowa.org](mailto:volunteer@sowa.org) for more volunteer opportunities or if you have questions on How to Register

Scan here to go to the  
volunteer webpage to view  
ALL volunteer opportunities.  
Don't forget to create an  
account first before  
registering for a shift.

