

Grit Girls Night Out



Join us to close out celebrating Women's History Month with a fun and informative Grit Girl's Night Out!

Activities and Events:

- Great speakers
- Information booths about Utah women resources
- Mini Farmer's Market
- Treats
- Service Project

Informational and Farmer's Market booths will be set up around the room. Participants will have time to visit each booth between speakers!

www.thegritgirlgroup.com



Details:

March 31st
5:00 PM to 9:00 PM

Orem Family Fitness
Center

More information :



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WOMEN'S SHELTER

DONATIONS

HAIR CARE

- Shampoo
- Conditioner
- Hair masks
- Hair accessories
- Hair tools
- Curly/textured hair products
- Hair nets / caps / bonnets

SKIN CARE

- Face wash
- Face lotion
- Acne patches
- Tweezers
- Mascara
- Chapstick
- Lipgloss
- Face & body sunscreen

BODY CARE

- Nail clippers
- Shaving razors
- Body wash
- Shaving cream
- Nail polish
- Sports bras