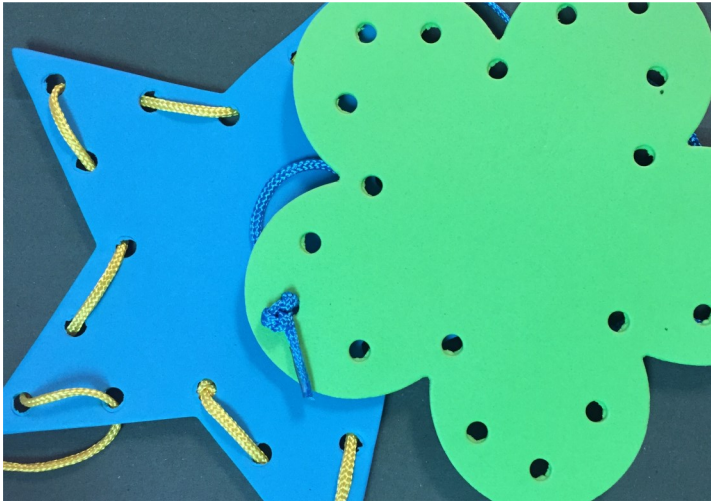


# Lacing Cards



## Supplies:

- Foam Sheets
- Paper
- Scissors
- Tape
- Yarn, shoelaces, or string
- Animal/Shape outlines
- Hole punch
- Sandwich-sized Ziplock Bags

## Instructions:

- Tape animal/shape outlines onto craft foam
- Cut out animal/shapes using the outline
- Using the hole punch, punch holes into the outside edge of each shape to create lacing holes
- Cut enough yarn/string to be able to go around the shape at least one time
- Wrap tape around one end of the string – this makes it easier for children to string and helps avoid it from fraying
- Print information slip (last sheet in this document - print 4 per page)
- Place one shape, one string, and one information slip in each sandwich-sized Ziplock bag

### **Donation/Mailing Instructions:**

Please print off the Volunteer Sheet (pg 4) and return it with items made and donated.

If you have any questions, please reach out to us at [hmgvolunteer@unitedwayuc.org](mailto:hmgvolunteer@unitedwayuc.org) or call/text at [801-691-5322](tel:801-691-5322) (It may take 3-4 business days to respond ).

**Deliver by April 4th, 2025** to one of the following locations. Each is available to drop off during regular business hours (9 am—5 pm):

- 2955 Harrison Blvd, Suite 201, Ogden, UT - United Way of Northern Utah. (Drop off with the receptionist at United Way of Northern Utah. Let them know it is for Help Me Grow Utah)
- 151 E 5600 S, #212, Murray, UT. If no one is there, leave by the office door #212. The building is open Mon. - Fri. 7am - 6pm, Sat. 7am - 1pm)
- 148 N 100 W, Provo, UT - United Way of Utah County. Can leave with anyone at the front desk.
- Price, UT: Contact Kathy for address and to arrange a time for drop-off: call/text 435-862-0915 or email [kathyw@unitedwayuc.org](mailto:kathyw@unitedwayuc.org)

**If you'd like to mail them, please send them to the following address and we will distribute them across the state from here:**

United Way of Utah County

Help Me Grow Utah

148 N 100 W, Provo, UT 84601

## **Thank you!**



## **Community Impact**

**Help Me Grow Utah** is an information and referral network that aims to connect families and communities with the knowledge and resources they need to make a difference in the lives of children. Help Me Grow supports prenatal parents and families with children through age 8, offering services at no cost in both English and Spanish. For more information, visit our website at: [helpmegrowutah.org](http://helpmegrowutah.org)

The early years are a crucial time in a child's life, their brains are growing rapidly and they are learning foundational skills that will impact the rest of their lives. Much of this learning takes place while a child plays! We like to provide parents with activity ideas and supplies that they can do with their child to build developmental skills. This particular activity helps a child build Fine Motor Skills.

## **Frequently Asked Questions:**

How many lacing card kits should we make?

- We do not have a limit on how many we will accept. These activities are used across Utah and we will use everything you make and donate.

Do I need to let you know when I can drop them off?

- You can drop them off at our Provo, Murray, and Ogden locations on the previous page during regular business hours. You will need to arrange a time with the Provo location contact for drop-off.

How do you use these activities?

- Help Me Grow Utah uses these activities in the outreach we do across the state. You may see us use them at community events or being passed out by partners to help spread information about Help Me Grow Utah and child development.

Can I bring turn this project in after the deadline?

- We have a new project we put out approximately every 2-3 months. We will still accept activities past the due date, however, would prefer the new project is done.

# Help Me Grow Utah

## Volunteer Sheet - Lacing Cards

**\*\*Please include this sheet when you drop off the items you're donating\*\***

Date: \_\_\_\_\_

Contact Name: \_\_\_\_\_

Organization: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Address used to send thank you card to volunteers

Have you volunteered for Help Me Grow before? YES / NO

How did you hear about this project? \_\_\_\_\_

Would you like to be emailed about future volunteer projects? YES / NO

Number of volunteers: \_\_\_\_\_

How much time each volunteer spent on project: \_\_\_\_\_

How many items made: \_\_\_\_\_

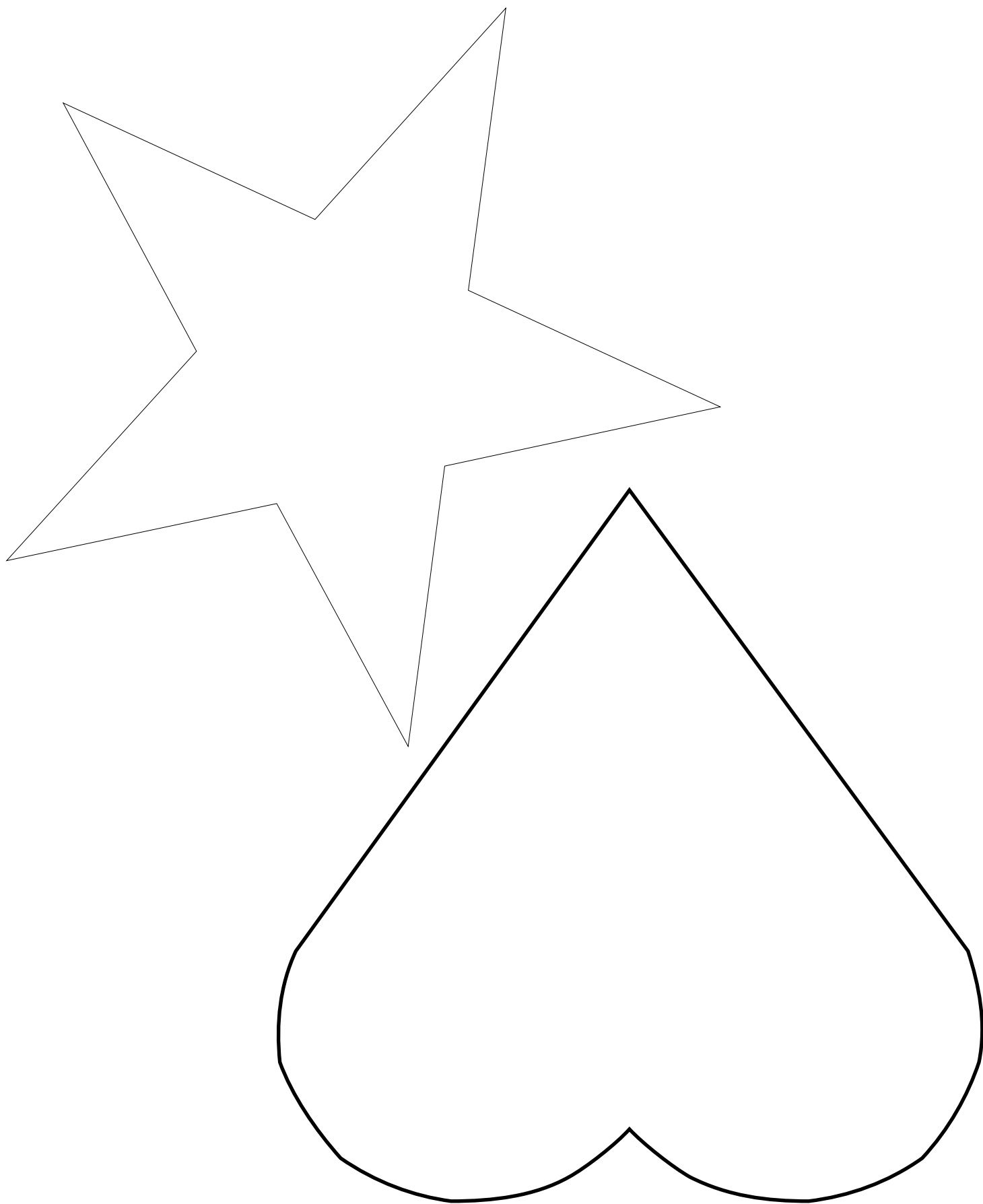
Total cost of supplies/value of supplies used to make the project: \_\_\_\_\_

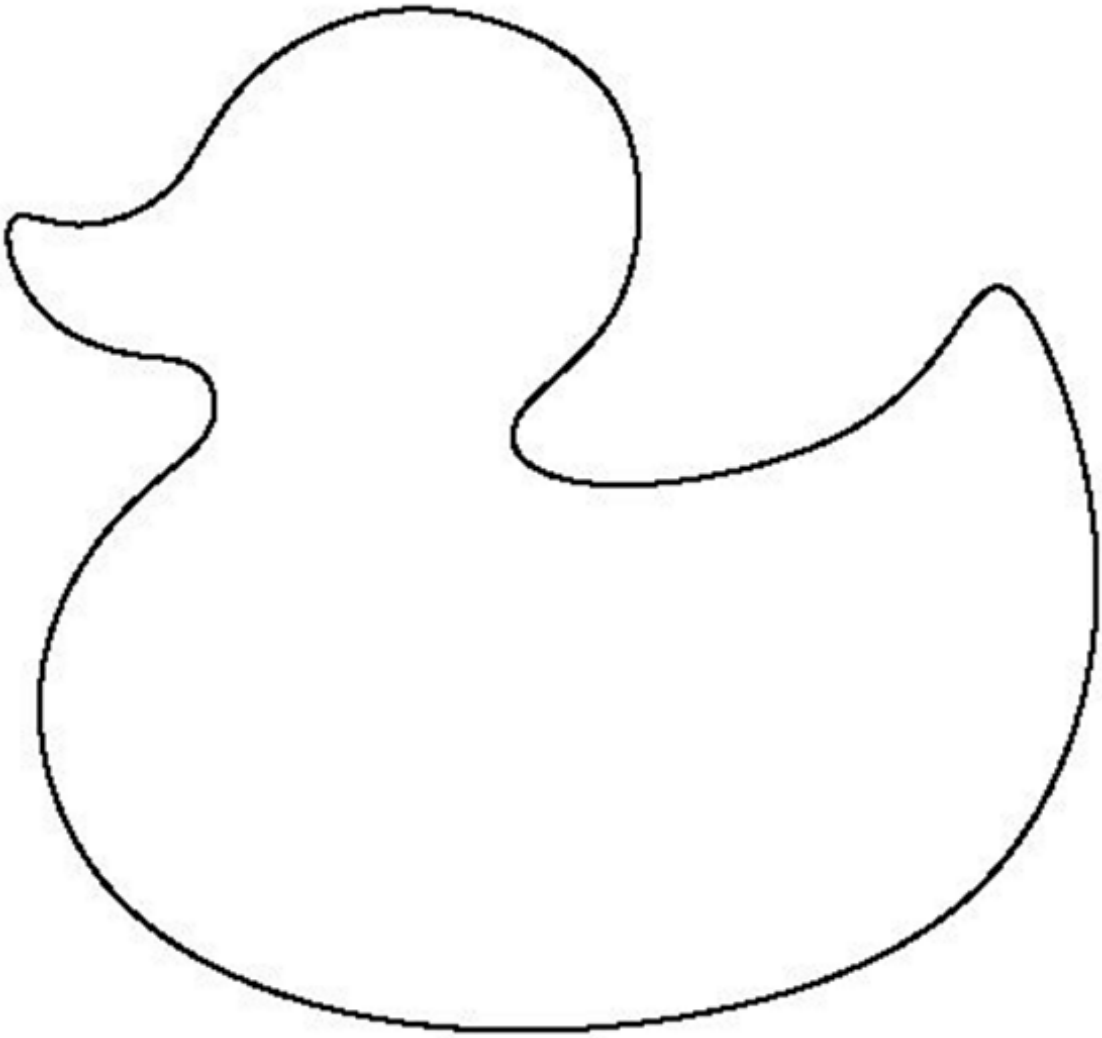
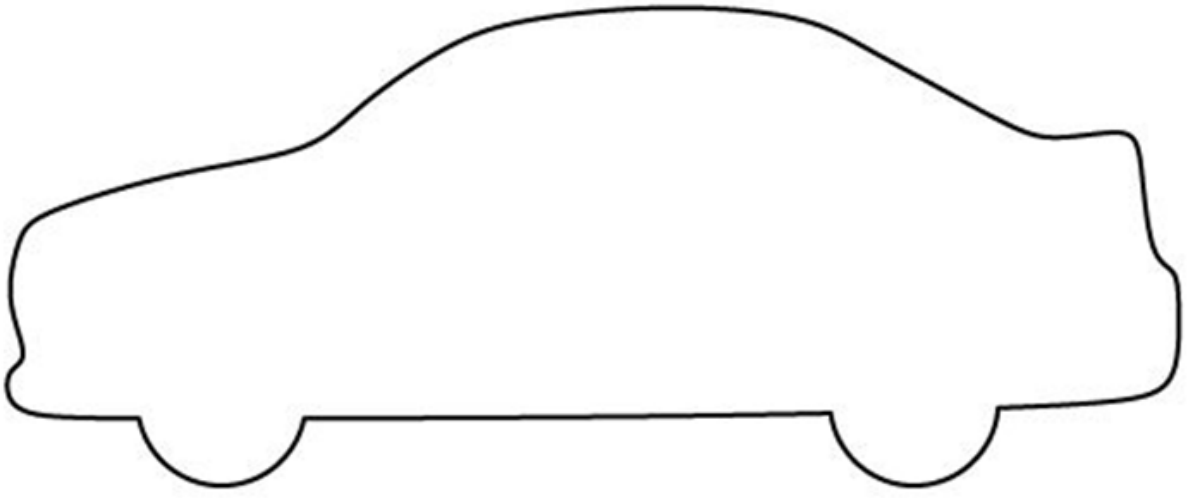
(required for our tax purposes)

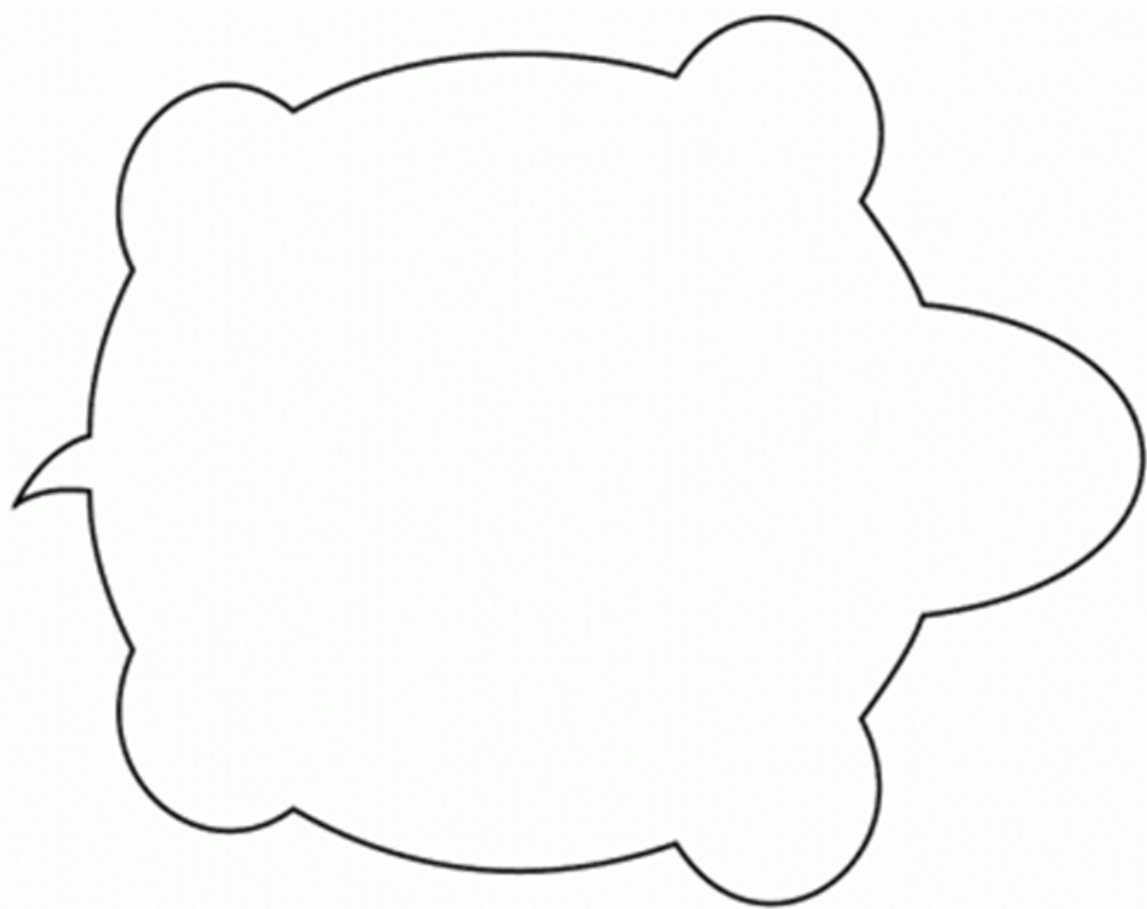
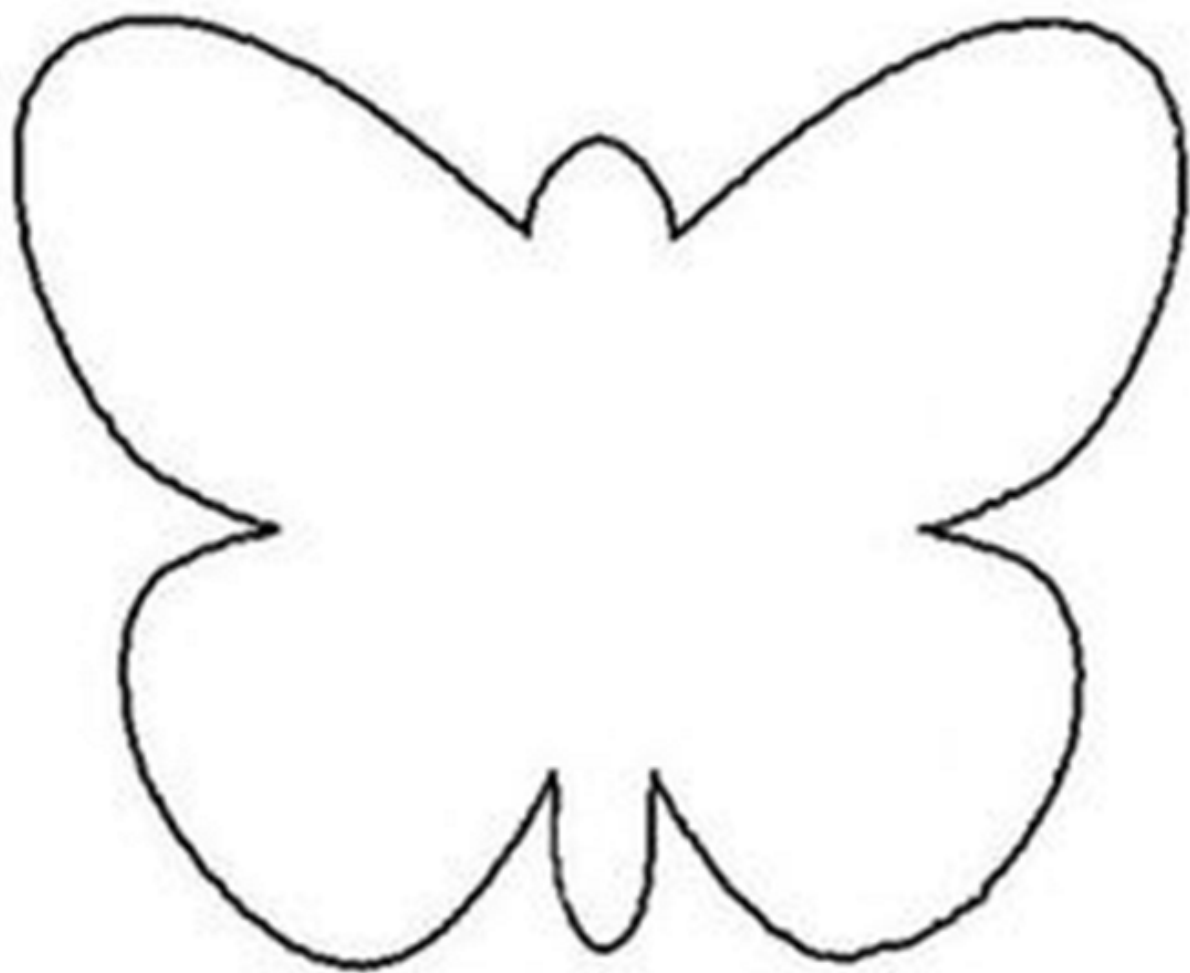
**HELP ME  
GROW** **UTAH**

LIVE UNITED









This take home activity brought to you by

# HELP ME GROW!

Stringing activities are a great way for your child to build fine motor skills.

Visit [helpmegrowutah.org](http://helpmegrowutah.org) for more information or call/text 801-691-5322

Actividades de ensartar (e hilar) son una forma estupenda de que su niño desarrolle su motricidad fina

Help Me Grow Utah es una línea de información sin costo para familias que están embarazadas o tienen niños pequeños.

Llámenos o mándenos un mensaje de texto al número 801-691-5322

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