

WHO WE ARE

Meals on Wheels Plus, Inc. is a charitable organization which has been providing home-delivered meals in Abilene since 1975. A noon meal is delivered to homes of individuals age 60 or older and adults age 18 to 65 with one or more disabilities who are unable to provide balanced meals for themselves.

Meals are provided to individuals regardless of their financial situation. Those who are able to make a contribution are asked to do so. Meals on Wheels receives partial funding from the Texas Department of Health and Human Services.

IT'S MORE THAN JUST A MEAL!

In addition to delivering hot noon meals five days a week to frail seniors and younger persons with one or more disabilities who need the service, Meals on Wheels Plus, Inc. also:

- Serves as a daily contact with many lonely people who have no one else to check on them.
- Arranges emergency medical care whenever a volunteer discovers someone injured or in need of special attention.
- Is concerned about unmet needs of the recipients of our service and makes referrals as needed.
- Delivers shelf stable items from our pantry to recipients who are the most food insecure through our **"Groceries on Wheels"** program.
- Provides dog and cat food, as well as routine veterinary visits, for recipients' pets through our **"Pet Food on Wheels Plus"** program.
- Coordinates a **"Books on Wheels"** program with the Abilene Public Library for recipients who enjoy reading.
- Provides electric fans, space heaters and microwaves for recipients who are in need of one.
- Is alert for signs of neglect, abuse, or exploitation.

