

## FOOD BOX CONTENTS

- 1 box dry cereal
  - 1 box instant oatmeal
  - 1 1# box crackers
  - 1 1# box graham crackers
  - 1 milk
  - 2 macaroni and cheese
  - 1 16 oz. can applesauce
  - 1 jar peanut butter
  - 1 jar jelly/jam
  - 1 jar/can pasta sauce
  - 2 16 oz. cans pork and beans or chili
  - 6 16 oz. cans fruit (raisins ok)
  - 2 6oz. cans tuna
  - 6 cans veggies
  - 6 12 oz. cans soup
  - 1 12 oz. can mushroom soup
  - 2 1# packages pasta (spaghetti and/or noodles)
  - 2-4 Top Ramen or equivalent (as many as you can fit)
  - 1 1# bag dried beans
  - 1 1# bag dry rice
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