

# Lacing Cards

## Supplies:

- Foam Sheets
- Paper
- Scissors
- Tape
- Yarn, shoelaces, or string
- Animal/Shape outlines (for suggestions, see below or print your own)
- Hole punch
- Ziploc Bags



## Instructions:

1. Tape animal/shape outlines onto craft foam
2. Cut out animal/shape using the outline
3. Using the hole punch, punch holes into the outside of the shape in order to create lacing holes.
4. Cut enough yarn/string to be able to go around the shape at least one time,
5. Wrap tape around one end of the string – this makes it easier for children to string and helps avoid it from fraying
6. Print information slip (last sheet on here - 4 per page)
7. Place shape, string, and information slip in ziplock bag

Please print off the Volunteer Sheet (page 4) and return it with items made and donated.

**Please deliver by July 14, 2023** to one of the following 3 locations. Each is available to drop off during regular business hours.

2955 Harrison Blvd, Ste 201, Ogden, UT (United Way of Northern Utah). Location Contact: Staci Fuller - Call, Text, or Email 801-979-1519 [stacif@unitedwayuc.org](mailto:stacif@unitedwayuc.org). Drop off with receptionist at United Way of Northern Utah.

151 E 5600 S, #212, Murray, UT. Location Contact: Jodi West - Call, Text, or Email 435-215-8074 [jodiw@unitedwayuc.org](mailto:jodiw@unitedwayuc.org) (If no one is there, leave by the office door #212 located inside the building)

148 N 100 W, Provo, UT (United Way of Utah County). Location Contact: Katie Krumholz - Call, Text, or Email 801-564-0123 [katiek@unitedwayuc.org](mailto:katiek@unitedwayuc.org) (Can leave with anyone at the front desk at United Way of Utah County)

**If you'd like to mail them, please send to the following:**

Help Me Grow Utah \*\*We will distribute them all across the state from here  
148 N 100 W  
Provo, UT 84601

**Thank you!**

**Final should look like this with 1 lacing card, 1 string, and one information slip**



## Community Impact

**Help Me Grow Utah** is an information and referral network that aims to connect families and communities with the knowledge and resources they need to make a difference in the lives of children. Help Me Grow supports prenatal parents and families with children through age 8, offering services at no cost in both English and Spanish. For more information, visit our website at: [helpmegrowutah.org](http://helpmegrowutah.org)

The early years are a crucial time in a child's life, their brains are growing rapidly and they are learning foundational skills that will impact the rest of their lives. Much of this learning takes place while a child plays! We like to provide parents with activity ideas and supplies that they can do with their child to build developmental skills. This particular activity helps a child build Fine Motor Skills.

## **Frequently Asked Questions:**

How many lacing cards should we make?

- We do not have a limit on how many we will accept. These activities are used all across Utah and we will use everything you make and donate.

Do I need to let you know when I can drop them off?

- No, you can drop them off at any of our locations on the previous page during regular business hours.

Should we color/decorate the card?

- Thank you for being willing, but we'd love for the kids that receive these to decorate them.

How do you use these activities?

- Help Me Grow Utah uses these activities in the outreach we do across the state. You may see us use them at community events or being passed out by partners to help spread information about Help Me Grow Utah and child development.

Can I bring turn this project in after the deadline?

- We have a new project we put out approximately every two months. We will still accept activities past the due date, however, would prefer the new project is done. If you'd like to hear about future projects, but sure to mark that on our volunteer page (page 4) that you will include with your donations.

# Help Me Grow Utah

## Volunteer Sheet - Lacing Cards

**\*\*Please include this sheet when you drop off the items you're donating\*\***

Date: \_\_\_\_\_

Contact Name: \_\_\_\_\_

Organization: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_  
Address used to send thank you card to volunteers

Have you volunteered for Help Me Grow before? YES / NO

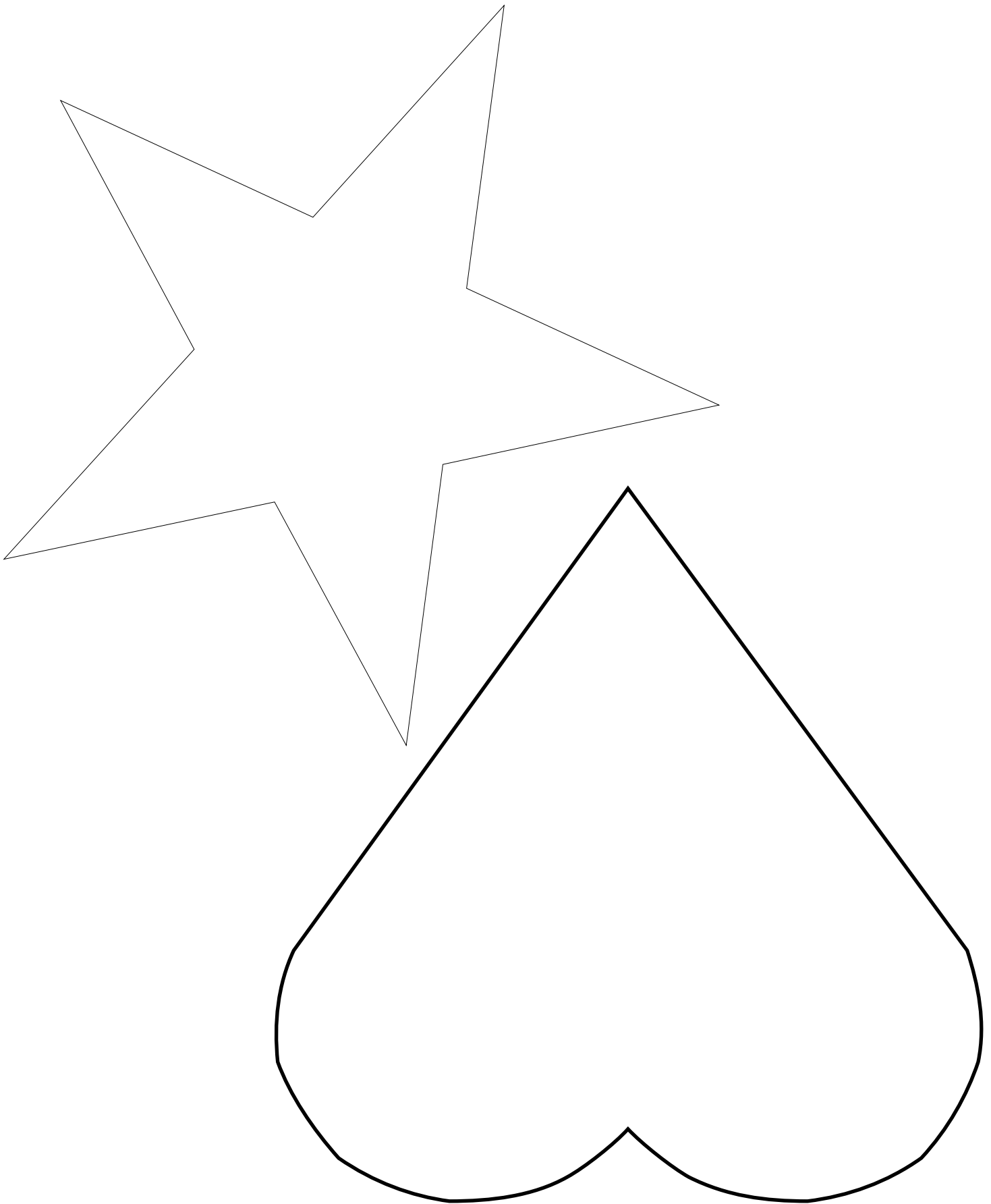
How did you hear about this project? \_\_\_\_\_

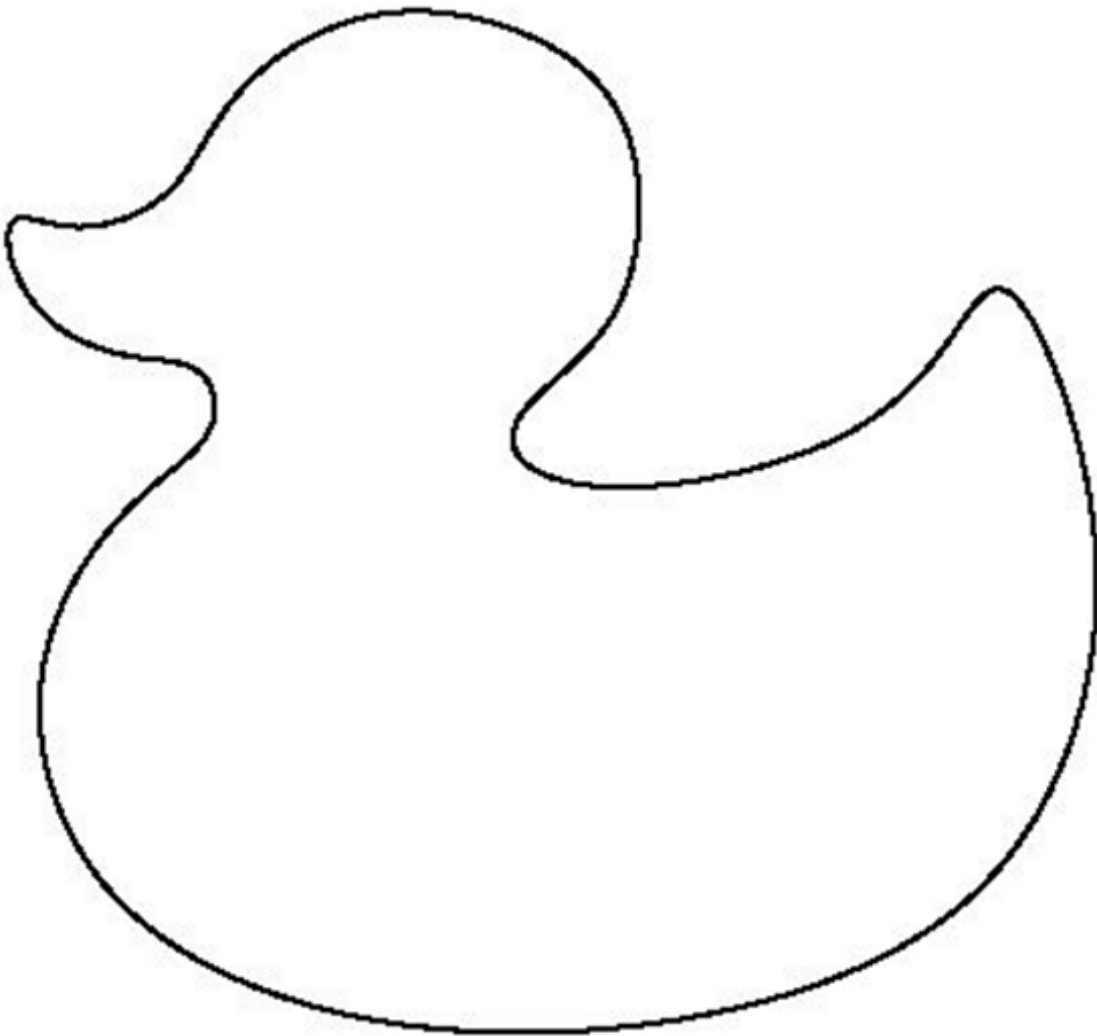
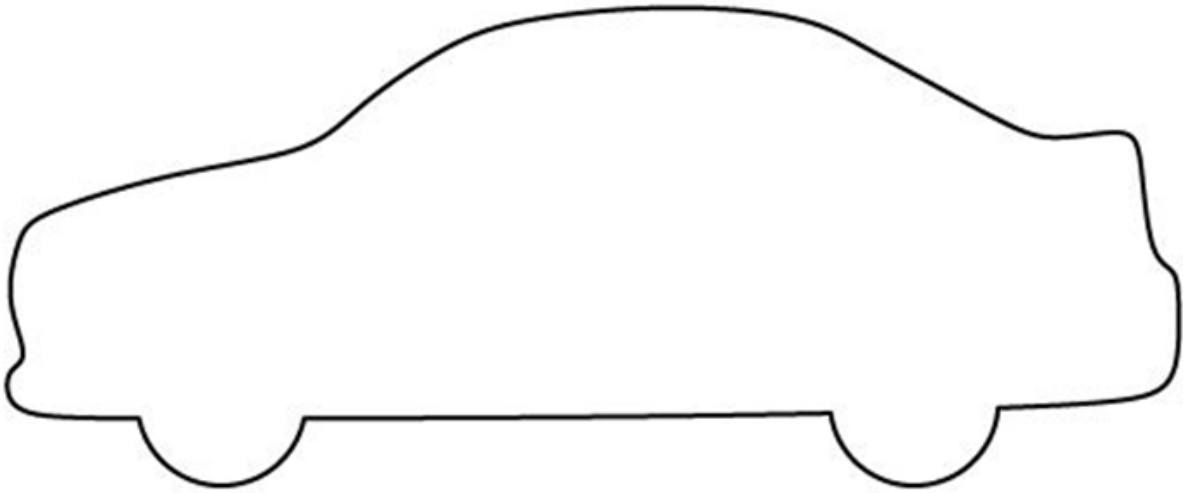
Would you like to be emailed about future volunteer projects? YES / NO

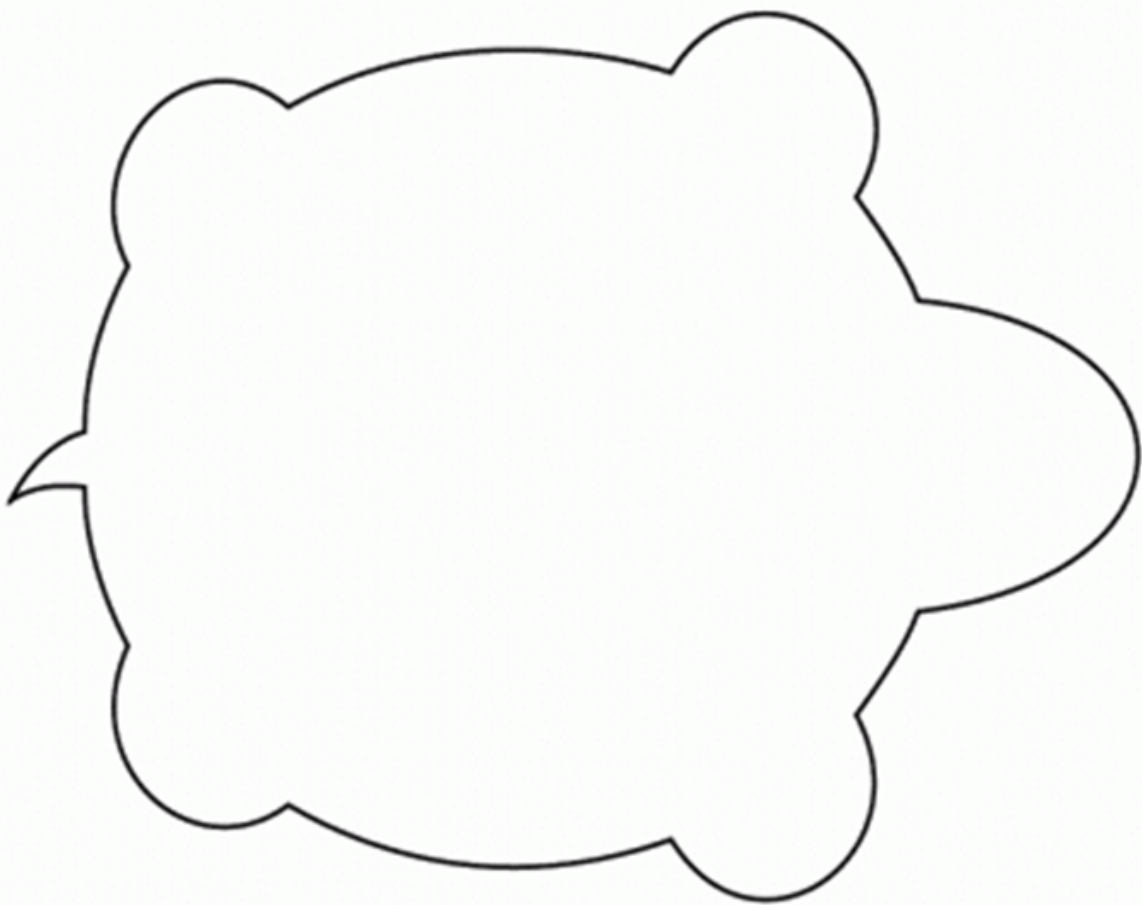
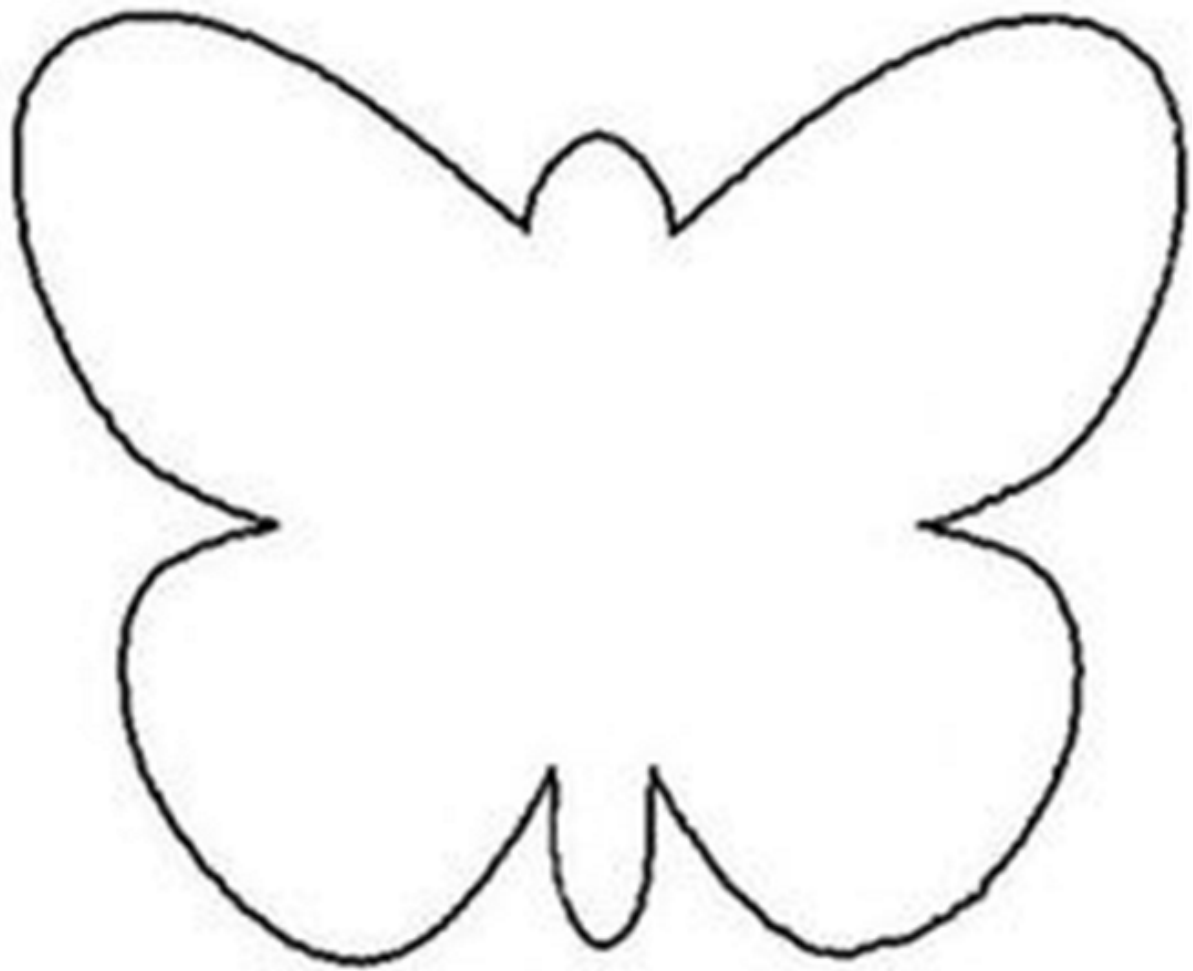
Number of volunteers: \_\_\_\_\_

How much time each volunteer spent on project: \_\_\_\_\_

How many items made: \_\_\_\_\_







This take home activity brought to you by

# HELP ME GROW

Stringing activities are a great way for your child to build fine motor skills.

Visit [helpmegrowutah.org](http://helpmegrowutah.org) for more information or call/text 801-691-5322

Actividades de ensartar (e hilar) son una forma estupenda de que su niño desarrolle su motricidad fina Help Me Grow Utah es una línea de información sin costo para familias que están embarazadas o tienen niños pequeños.

Liámenos o mándenos un mensaje de texto al número 801-691-5322

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